

WICS Newsletter

Widowed Information and Consultation Services

Spring 2017

Italian Luncheon & Auction ***Annual WICS Fundraiser***

Saturday, March 11, 2017

St. John the Baptist Church

25810 156th Ave SE

Covington, WA 98042



11:00 am ~ 2:00 pm

\$20 per person

Complimentary Coffee, Tea & Water

Wine & Soda \$1

Silent Auction & Basket Raffles

Raffle Tickets are \$1 each or 6 Tickets for \$5

Available at Luncheon

For Luncheon Tickets call Lois Tiernan: 253-939-3719

For more information contact WICS office: 206-241-5650

Or email: wicsoffice@qwestoffice.net

WICS

Board of Directors

David McDowell	President
Le Habryle	Vice President
Holly Finkbeiner	Secretary
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Sara Acree	
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Elaine Eggebraaten	
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Ann Thorpe	

Professional Advisor

Dr. Bob Baugher

WICS Contact Information

Phone: 206-241-5650

Email: wicsoffice@qwestoffice.net

Website: www.kcwics.org



www.windermere Renton.com
425-235-7777

WICS would like to thank
Windermere
RE/Renton, Inc and **The**
Windermere
Foundation for their
 generous donation to our
 children's program.

PLEASE NOTE: *If you are no longer interested in receiving the newsletter via USPS mail, please contact our office to be removed from the list*

Gifts of Love

In loving memory of **FRAN SITTON & IRVING KRINSKY**
from Arnold & Molly Sitton-Krinsky

In loving memory of **RON**
from Ann Fielding

In loving memory of **DICK HALE,**
ANN HALLMAN & GLEN BAKER
from Darlene Hale

Thank you, Ardis North, for your generosity.

In loving memory of **BRUCE RITTER**
from Charon Ritter

In loving memory of **BILL RAMSOUR**
from Verlin Ramsour

In loving memory of **MEL**
from Ann Thorpe

Thank you, Mary Zacharius, for your generosity.



Please help us help others by sending a LOVE GIFT today. WICS relies on your donations. Your gift allows WICS to support grieving individuals and families in our community. We invite you to send a gift in memory of your loved one. You and your loved one's name will be noted in the next newsletter.

Workplace "Matching Gift" programs can increase your donation. Check to see if your employer will match your gift.

▼
All Love Gift Donations are tax deductible

2017 EVENTS

Mark Your Calendars and Save the Dates

March 11, 2017
ITALIAN LUNCHEON
& AUCTION



See Front page for Info!

SEABECK RETREAT
June 2-4, 2017



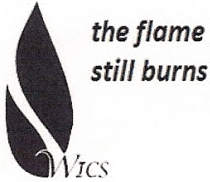
Information on pg 4 ~ Registration Form on page 5.

SUMMER PICNIC CELEBRATION
August 2017



More Information in Next Newsletter!





Support Group Meetings

For all widowed men and women who would like to share their concerns and experiences and discuss coping skills.

BALLARD: 7 p.m. Tuesdays

5433 Leary Ave NW - Ballard Landmark Assisted Living (mtg room near front desk)
Contact: **Doug** 206-441-9490 or **Pat** 206-367-1669
Dinner Gathering – Tues. 5 pm at Hale’s Ales 4301 Leary Way NW

BELLEVUE: 7 p.m. Mondays

10420 S.E. 11th St. - Pilgrim Lutheran Church (Corner 11th St. & Bellevue Way)
Contact: **Kathy** 425.653.7209 (best to call M, W, F during the day)
or email at: clancyKa@comcast.net
Dinner Gathering – Mon. 5 pm – Location varies - Check website weekly for location & info

COVINGTON: 7 p.m. Tuesdays

25810— 156th Ave SE - St. John the Baptist Catholic Church
Contact: **Le** 253.630.0324 or email at: saraacree@comcast.net

RENTON: 12:30 p.m. Wednesdays

211 Burnett North, Renton Senior Center
Contact: **Burnie** 425.255.1888 or email at: burnie@comcast.net



WICS invites you to send a gift in memory of your loved one. We rely on your donations. Your gift allows us to continue supporting grieving families in our community.

Please help us help others by sending a LOVE GIFT today.

All donations are tax deductible.

*Workplace “Matching Gift” programs can increase your donation.
Check to see if your employer will match your gift.*

Gifts of Love

Amount: \$ _____ From: _____

In Memory of: _____

Message: _____

Send Acknowledgement to (name): _____

Address: _____

Return to: WICS, P.O. Box 66896, Seattle, WA 98166



WICS Retreat at Seabeck, WA June 2-4, 2017



at the scenic and historic **Seabeck Conference Center** on Hood Canal.

The Road to Hope and Healing ... A Journey Shared



Retreat Cost:

\$225.00 per person (shared room)
2 nights lodging & 6 meals
(Friday supper through Sunday lunch)



Check-in begins Friday afternoon at 4:00pm

Orientation meeting at 6:00pm for first-time attendees

Friday evening supper at 6:30pm

Children/Family Program information - see registration form on next page.

Your Program. ♥ Your Retreat. ♥ Your R&R.

- ♥ Attend practical presentations/workshops that are diverse and stimulating. ♥
- ♥ Attend activities that are fun and allow for individual and group participation. ♥
 - ♥ Walk the beautiful grounds or explore the beach. ♥
- ♥ Make this weekend yours by paying attention to what you need. ♥

We will send directions and a map with the acknowledgement of your registration.
Or you can go to the Seabeck website: www.seabeck.org



Registration Due By: **May 1, 2017**

(After May 1st we'll accept registrations until spaces are filled.)



For more information, call WICS at 206-241-5650 or email: wicsoffice@qwestoffice.net

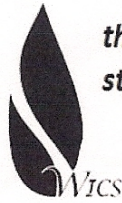
~*~*~* **Limited Scholarships** may be available. ~*~*~*

If interested in financial assistance, you **MUST** call the office before sending in your registration form.

There will be a WICS/TCF Children's grief support program for children ages 5-17 and their parents. If you are interested in bringing your children to the retreat, call **206-241-5650** for more information.

Registration information on next page.

WICS
PO Box 66896
Seattle, WA 98166



*the flame
still burns*

Spring 2017

NON-PROFIT ORG
U.S. Postage Paid
Seattle, WA
Permit #1014



RETURN SERVICE REQUESTED

Italian Luncheon & Auction

March 11, 2017
Information on pg 1
~ ~ ~

Seabeck Annual Retreat

June 2-4, 2017
See pgs 4&5 for Information and Registration

Widowed Information and Consultation Services (WICS)

- WICS is non-sectarian and is not affiliated with any other agency.
- WICS is a program that offers group support to men and women who are coping with the death of their spouse or partner. Since its beginning in 1974, WICS has served more than 80,000 men and women.
- When a widowed person telephones or visits a WICS support group, he or she can be sure to find other widowed people who will listen and understand. A warm and supportive atmosphere is provided for those who call on the service.
- losing my mind?" and also seeking help for dealing with loneliness.

Phone: **206-241-5650**

Website: www.kcwics.org

Email: wicsoffice@qwestoffice.net

- The most frequent inquiries at WICS are for clarification of the grief process, such as "Are my feelings normal?" or "Am I